

November 2017 Lap Pool Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 5:30a-8:30p 9-10a H2O Tae Bo -2L 9a-1p Water Therapy - 1L 10-11a Silver S. Splash-2L 3-4:30p NHS Swim – 3L 6:20-8:10p - Swim Lessons 2 Lanes Closed	2 5:30a-8:30p 9-10a Silver S. Splash-2L 6:30-7:30p Aqua Fusion-2L	3 5:30a-7:30p 8-9a Total Splash-2L 10-11a Silver S. Splash-2L 3-5p NHS Swim Team Pool Closed	4 8:00a-5:30p 8:05-9a - H2O Let's Go-1L 8:20a-12:50p Swim Lessons - 3L
5 9a-4:30p	6 5:30a-8:30p 9-10a H2O Bootcamp -2L 9a-1p Therapy - 1L 3-5p NHS Swim Team Pool Closed 6:15-8:15 Swim Clinic – 3L	7 5:30a-8:30p 9-10a Silver S. Splash-2L 6:30-7:30p Aqua Fusion-2L 3-5p NHS Swim Team Pool Closed	8 5:30a-8:30p 9-10a H2O Tae Bo -2L 9a-1p Water Therapy - 1L 10-11a Silver S. Splash-2L 3-5p NHS Swim Team Pool Closed 6:20-8:10p - Swim Lessons 2 Lanes Closed	9 5:30a-8:30p 9-10a Silver S. Splash-2L 6:30-7:30p Aqua Fusion-2L 3-5p NHS Swim Team Pool Closed	10 5:30a-7:30p 8-9a Total Splash-2L 10-11a Silver S. Splash-2L 3-5p NHS Swim Team Pool Closed	11 8:00a-5:30p 8:05-9a - H2O Let's Go-1L 8:20a-12:50p Swim Lessons - 3L
12 9a-4:30p	13 5:30a-8:30p 9-10a H2O Bootcamp -2L 9a-1p Therapy - 1L 3-5p NHS Swim Team Pool Closed 6:15-8:15 Swim Clinic – 3L	14 5:30a-8:30p 9-10a Silver S. Splash-2L 3-5p NHS Swim Team Pool Closed 6:30-7:30p Aqua Fusion-2L	15 5:30a-8:30p 9-10a H2O Tae Bo -2L 9a-1p Water Therapy - 1L 10-11a Silver S. Splash-2L 3-5p NHS Swim Team Pool Closed 6:20-8:10p - Swim Lessons 2 Lanes Closed	16 5:30a-8:30p 9-10a Silver S. Splash-2L 3-5p NHS Swim Team Pool Closed 6:30-7:30p Aqua Fusion-2L	17 5:30a-7:30p 8-9a Total Splash-2L 10-11a Silver S. Splash-2L 3-5p NHS Swim Team Pool Closed	18 8:00a-5:30p 8:05-9a - H2O Let's Go-1L 8:20a-12:50p Swim Lessons - 3L
19 9a-4:30p	20 5:30a-8:30p 9-10a H2O Bootcamp -2L 9a-1p Therapy - 1L 3-5p NHS Swim Team Pool Closed	21 5:30a-8:30p 9-10a Silver S. Splash-2L 3-5p NHS Swim Team Pool Closed 6:30-7:30p Aqua Fusion-2L	22 5:30a-8:30p 8-10a NHS Swim Team Pool Closed 10a-1p Water Therapy - 1L 10-11a Silver S. Splash-2L	23 5:30a-8:30p Thanksgiving Facility Closed	24 5:30a-7:30p 8-10a NHS Swim Team Pool Closed 10-11a Silver S. Splash-2L	25 8:00a-5:30p 8:05-9a - H2O Let's Go-1L
26 9a-4:30p	27 5:30a-8:30p 9-10a H2O Bootcamp -2L 9a-1p Therapy - 1L 3-5p NHS Swim Team Pool Closed 6:15-8:15 Swim Clinic – 3L	28 5:30a-8:30p 9-10a Silver S. Splash-2L 3-5p NHS Swim Team Pool Closed 6:30-7:30p Aqua Fusion-2L	29 5:30a-8:30p 9-10a H2O Tae Bo -2L 9a-1p Water Therapy - 1L 10-11a Silver S. Splash-2L 3-5p NHS Swim Team Pool Closed 6:20-8:10p - Swim Lessons 2 Lanes Closed	30 5:30a-8:30p 9-10a Silver S. Splash-2L 3-5p NHS Swim Team Pool Closed 6:30-7:30p Aqua Fusion-2L		

The Macedonia Family Recreation Center Staff reserves the right to close any pool or portions of a pool on an as needed basis.

November 2017 Activity Pool Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 5:30a-8:30p 11a-12p Arthritis Class	2 5:30a-8:30p 11a-12p Arthritis Class	3 5:30a-7:30p 11a-12p Arthritis Class	4 8:00a-5:30p 8:20a-12:50p Swim Lessons Pool Closed
5 9a-4:30p	6 5:30a-8:30p 11a-12p Arthritis Class 5:00p-8:10p- Swim Lessons Pool Closed	7 5:30a-8:30p 9-11:30a Swim Lessons Pool Closed 11a-12p Arthritis Class	8 5:30a-8:30p 11a-12p Arthritis Class 5:00p-7:30p- Swim Lessons Pool Closed	9 5:30a-8:30p 11a-12p Arthritis Class	10 5:30a-7:30p 11a-12p Arthritis Class	11 8:00a-5:30p 8:20a-12:50p Swim Lessons Pool Closed
12 9a-4:30p	13 5:30a-8:30p 11a-12p Arthritis Class 5:00p-8:10p- Swim Lessons Pool Closed	14 5:30a-8:30p 9-11:30a Swim Lessons Pool Closed 11a-12p Arthritis Class	15 5:30a-8:30p 11a-12p Arthritis Class 5:00p-7:30p- Swim Lessons Pool Closed	16 5:30a-8:30p 11a-12p Arthritis Class	17 5:30a-7:30p 11a-12p Arthritis Class	18 8:00a-5:30p 8:20a-12:50p Swim Lessons Pool Closed
19 9a-4:30p	20 5:30a-8:30p 11a-12p Arthritis Class	21 5:30a-8:30p 11a-12p Arthritis Class	22 5:30a-8:30p 11a-12p Arthritis Class	23 5:30a-8:30p Thanksgiving Facility Closed	24 5:30a-7:30p 11a-12p Arthritis Class	25 8:00a-5:30p
26 9a-4:30p	27 5:30a-8:30p 11a-12p Arthritis Class 5:00p-8:10p- Swim Lessons Pool Closed	28 5:30a-8:30p 9-11:30a Swim Lessons Pool Closed 11a-12p Arthritis Class	29 5:30a-8:30p 11a-12p Arthritis Class 5:00p-7:30p- Swim Lessons Pool Closed	30 5:30a-8:30p 11a-12p Arthritis Class		

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