

October 2017 Lap Pool Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9a-4:30p	2 5:30a-8:30p 9-10a H2O Bootcamp -2L 9a-1p Therapy - 1L	3 5:30a-8:30p 9-10a Silver S. Splash-2L 6:30-7:30p Aqua Fusion-2L	4 5:30a-8:30p 9-10a H2O Tae Bo -2L 9a-1p Water Therapy - 1L 10-11a Silver S. Splash-2L 3-4:30p NHS Swim – 3L	5 5:30a-8:30p 9-10a Silver S. Splash-2L 3-4:30p NMS CC – 3L 6:30-7:30p Aqua Fusion-2L	6 5:30a-7:30p 8-9a Total Splash-2L 10-11a Silver S. Splash-2L	7 8:00a-5:30p 8:05-9a - H2O Let's Go-1L
8 9a-4:30p	9 5:30a-8:30p 9-10a H2O Bootcamp -2L 9a-1p Therapy - 1L 3-4:30p NHS Swim – 3L	10 5:30a-8:30p 9-10a Silver S. Splash-2L 6:30-7:30p Aqua Fusion-2L	11 5:30a-8:30p 9-10a H2O Tae Bo -2L 9a-1p Water Therapy - 1L 10-11a Silver S. Splash-2L 3-4:30p NHS Swim – 3L 6:20-8:10p - Swim Lessons 2 Lanes Closed	12 5:30a-8:30p 9-10a Silver S. Splash-2L 6:30-7:30p Aqua Fusion-2L	13 5:30a-7:30p 8-9a Total Splash-2L 10-11a Silver S. Splash-2L	14 8:00a-5:30p 8:05-9a - H2O Let's Go-1L 8:20a-12:50p Swim Lessons - 3L
15 9a-4:30p	16 5:30a-8:30p 9-10a H2O Bootcamp -2L 9a-1p Therapy - 1L 3-4:30p NHS Swim – 3L	17 5:30a-8:30p 9-10a Silver S. Splash-2L 6:30-7:30p Aqua Fusion-2L	18 5:30a-8:30p 9-10a H2O Tae Bo -2L 9a-1p Water Therapy - 1L 10-11a Silver S. Splash-2L 3-4:30p NHS Swim – 3L 6:20-8:10p - Swim Lessons 2 Lanes Closed	19 5:30a-8:30p 9-10a Silver S. Splash-2L 6:30-7:30p Aqua Fusion-2L	20 5:30a-7:30p 8-9a Total Splash-2L 10-11a Silver S. Splash-2L	21 8:00a-5:30p 8:05-9a - H2O Let's Go-1L 8:20a-12:50p Swim Lessons - 3L
22 9a-4:30p	23 5:30a-8:30p 9-10a H2O Bootcamp -2L 9a-1p Therapy - 1L 3-4:30p NHS Swim – 3L	24 5:30a-8:30p 9-10a Silver S. Splash-2L 6:30-7:30p Aqua Fusion-2L	25 5:30a-8:30p 9-10a H2O Tae Bo -2L 9a-1p Water Therapy - 1L 10-11a Silver S. Splash-2L 3-4:30p NHS Swim – 3L 6:20-8:10p - Swim Lessons 2 Lanes Closed	26 5:30a-8:30p 9-10a Silver S. Splash-2L 6:30-7:30p Aqua Fusion-2L	27 5:30a-7:30p 8-9a Total Splash-2L 10-11a Silver S. Splash-2L	28 8:00a-5:30p 8:05-9a - H2O Let's Go-1L 8:20a-12:50p Swim Lessons - 3L
29 9a-4:30p	30 5:30a-8:30p 9-10a H2O Bootcamp -2L 9a-1p Therapy - 1L 3-4:30p NHS Swim – 3L	31 5:30a-8:30p 9-10a Silver S. Splash-2L 6:30-7:30p Aqua Fusion-2L				

The Macedonia Family Recreation Center Staff reserves the right to close any pool or portions of a pool on an as needed basis.

October 2017 Activity Pool Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9a-4:30p	2 5:30a-8:30p 11a-12p Arthritis Class	3 5:30a-8:30p 11a-12p Arthritis Class	4 5:30a-8:30p 11a-12p Arthritis Class	5 5:30a-8:30p 11a-12p Arthritis Class	6 5:30a-7:30p 11a-12p Arthritis Class	7 8:00a-5:30p
8 9a-4:30p	9 5:30a-8:30p 11a-12p Arthritis Class 5:00p-8:10p- Swim Lessons Pool Closed	10 5:30a-8:30p 9-11:30a Swim Lessons Pool Closed 11a-12p Arthritis Class	11 5:30a-8:30p 11a-12p Arthritis Class 5:00p-7:30p- Swim Lessons Pool Closed	12 5:30a-8:30p 11a-12p Arthritis Class	13 5:30a-7:30p 11a-12p Arthritis Class	14 8:00a-5:30p 8:20a-12:50p Swim Lessons Pool Closed
15 9a-4:30p	16 5:30a-8:30p 11a-12p Arthritis Class 5:00p-8:10p- Swim Lessons Pool Closed	17 5:30a-8:30p 9-11:30a Swim Lessons Pool Closed 11a-12p Arthritis Class	18 5:30a-8:30p 11a-12p Arthritis Class 5:00p-7:30p- Swim Lessons Pool Closed	19 5:30a-8:30p 11a-12p Arthritis Class	20 5:30a-7:30p 11a-12p Arthritis Class	21 8:00a-5:30p 8:20a-12:50p Swim Lessons Pool Closed
22 9a-4:30p	23 5:30a-8:30p 11a-12p Arthritis Class 5:00p-8:10p- Swim Lessons Pool Closed	24 5:30a-8:30p 9-11:30a Swim Lessons Pool Closed 11a-12p Arthritis Class	25 5:30a-8:30p 11a-12p Arthritis Class 5:00p-7:30p- Swim Lessons Pool Closed	26 5:30a-8:30p 11a-12p Arthritis Class	27 5:30a-7:30p 11a-12p Arthritis Class	28 8:00a-5:30p 8:20a-12:50p Swim Lessons Pool Closed
29 9a-4:30p	30 5:30a-8:30p 11a-12p Arthritis Class 5:00p-8:10p- Swim Lessons Pool Closed	31 5:30a-8:30p 9-11:30a Swim Lessons Pool Closed 11a-12p Arthritis Class				

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