

# Recreation Programs

## BRICKS 4 KIDZ

Session 1:

(Grades K-2)

Thursdays, Jan. 19 – Feb. 9, 6:00 – 7:00pm

Grades 3-6

Thursdays, Jan. 19 – Feb. 9, 7:00 – 8:00pm

Session 2:

(Grades K-2)

Thursdays, March 1 – March 22

(no class on April 12), 6:00 – 7:00pm

(Grades 3-6)

Thursdays, March 1 – March 22

(no class on April 12), 7:00 – 8:00pm

An exciting LEGO® adventure is happening and you're invited to join the adventure! Innovative educational hands-on program for children where students will design and build machines exploring engineering, architecture and physics. Each session has a new topic. Join us for lots of high impact learning and fun!

**Deadline to register is one week prior to start date.**

**No drop ins. No coupons.**

**Member \$40 / Resident \$42 / Program \$45**



## ADULT SIGN LANGUAGE

Thursdays, February 2 – March 8

7:00 – 8:00 pm

Instructor: Heather Perry, Certified Baby Sign

Want to learn a language that is beautiful and exciting? Why not learn Sign Language. Join the 6 week class as we learn basic sign structure, play games and learn over 50 signs.

**Deadline to register is Jan. 26.**

**No drop ins. No coupons.**

**Member \$40 / Resident \$45 / Program \$50**

## PARENT WORKSHOP: COMMUNICATE WITH YOUR BABY THROUGH SIGN

Thursday, January 26

6:30 – 8:00 pm

Instructor: Heather Perry, Certified Baby Sign

Frustrated when your baby cries or uses gibberish and you don't know what it means? Wish you knew what was making your baby smile or laugh? Now you can by gaining knowledge and skills to start teaching your baby sign language. Program designed for parents of children from birth to 2 years.

**Deadline to register is January 31.**

**No drop ins. No coupons.**

**Member \$16 / Resident \$19/ Program \$22**

*Additional \$35 Kit can be purchased at class.*



## SIGN, SAY, & PLAY CLASS

Wednesdays, Feb. 1 – March 14 (no class March 7)

10:00 – 11:00 am

Instructor: Heather Perry, Certified Baby Sign

**Instructor**

Want to learn how to reduce frustration at home with your baby? Start communicating with your baby today! This class will highlight signs that are most important in the lives of babies, teach signing through fun games and songs, introduces play activities that reinforce important language, cognitive and social-emotional skills, brings families together to share their signing experiences, covers signs from the everyday themes. Sign and learn together. Program design for parents of children 6-months – 3 years.

**Deadline to register is January 25.**

**No drop ins. No coupons.**

**Member \$42 / Resident \$46 / Program \$50**

*Additional \$40 Kit can be purchased at class.*

# Recreation Programs

## NEW! DANCE FIT FOR KIDS

Instructor: Ryan Rosinski

A fun and energizing dance class for boys and girls ages 8-12! Instructor will teach a variety of today's dance moves to a mix of popular and current hits. Kids will learn to recognize rhythm while having fun and learning how to dance! Drop ins welcome. Coupon accepted.

Session	Date (s)	Time	Day
Winter I (7 weeks/7 classes)			
	Jan. 9 - Feb. 20	6:30-7:15 p.m.	Mon
	Fee: Program \$42/Resident \$35/Member \$28		
Winter II (8 weeks/ 7 classes)			
	No Class week of Apr. 9		
	Feb. 27 - Apr. 16	6:30-7:15 p.m.	Mon
	Fee: Program \$42/Resident \$35/Member \$28		

## FOIL FENCING

Saturdays, February 4 – March 17

(No class Feb. 18)

1:30 – 3:00 pm

Introduction to the fundamentals of modern foil fencing for adults and high school students that includes stretching, footwork, lunges, attack, parry-riposte, strategy, tactics, techniques and bouting. Fencing improves hand eye coordination, agility, dexterity and stamina.

All equipment is provided and fun and safety are emphasized.

Deadline to register is January 28.

No drop ins. No coupons.

Member \$60 Resident \$65 Program \$70



## 5<sup>TH</sup> AND 6<sup>TH</sup> GRADE POOL PARTY

Saturday, Feb. 18

6:00 - 8:00 pm

Go to the beach while there is still snow outside! The Macedonia Family Recreation will be opening its doors for students in grades 5 and 6 to enjoy a night dancing, swimming, playing games and other activities! Supervised by Macedonia Rec. Staff. Register early!

Deadline to register is Feb. 11.

No drop ins. No coupons.

Member \$10 Resident \$12 Program \$15

## TAP, BALLET & JAZZ CLASS

Session 1: Tuesdays, January 24 – February 28  
(no class Feb. 14)

Session 2: Tuesdays, March 13 – April 24  
(no class April 10)

Join “All About Dance” as Jennifer teaches participants fun and exciting elements of dance. A routine will be instructed for each session and will be performed the last day of class for family and friends.

No drop ins. No coupons.

### TAP CLASS

3-6 yr old 6:00 - 6:30 pm

Tap class teaches beginner tap techniques including shuffles, heel drops, and more. Tap class will help children with coordination, musical timing and foot articulation.

### BALLET CLASS

3-6 yr old 5:30 - 6:00 pm

Ballet class teaching beginner ballet dance techniques including first & second positions, plies, levee, and other ballet techniques. Ballet will help children with posture, flexibility and balance.

Cost per class:

\$36 Member / \$40 Resident/ \$44 Program

## FAMILY NIGHT POOL PARTIES

Bring the family and enjoy an evening of fun with a splash! There will be music, dancing, games, concession stand, and fun for everyone! Pre-registration is required and space is limited, so don't miss out!

Friday, January 20

7:00 - 9:00 pm

Deadline to register is Jan. 13

Friday, March 9

7:00 – 9:00 pm

Deadline to register is Mar. 2

Cost Per Date:

Adults \$7.00

Children 12 & Under \$5.00

# Recreation Programs

## VALENTINE'S DAY CELEBRATION

Tuesday, Feb. 14

10:00 – 11:00 am

Celebrate Valentine's Day with us! Kids ages 3-6 and parents can enjoy candy making, playing valentine games, and more. Refreshments provided.

**Registration deadline is Feb. 7.**

**No drop ins. No coupons.**

**Member \$5 / Resident \$7 / Program \$9**

## LITTLE LEPRECHAUNS PARTY

Friday, March 16

9:30 - 10:30 am

Wear your green and get festive with the Macedonia Rec. Center! Kids ages 6 and under will create a nice St. Patty's Day atmosphere with plenty of things to enjoy. Using clues, kids will search for the pot of gold, participate in making shamrock creations and more!

**Registration deadline is March 10.**

**No drop ins. No coupons.**

**Member \$5 / Resident \$7 / Program \$9**

## VALENTINE'S NIGHT OUT

Friday, Feb. 10

5:00-8:00 pm

Enjoy a night without the kids! The Macedonia Family Recreation Center will open its doors for children ages 6 - 12. We will provide supervised, structured activities, video game contests and swimming. Pizza & drinks will be provided, children should bring a towel and swim suit.

Supervised by Macedonia Family Recreation Center staff.

**Deadline to register is Feb. 4.**

**No drop ins. No coupon.**

**Member \$11 / Resident \$14 / Program \$17**

## MARCH MADNESS BRACKET CHALLENGE

Guess the winners? The bracket challenge is open for all. Bring a copy of the completed bracket to Macedonia Recreation Center before Thursdays opening round games. Include the total Championship game score. Individuals' scores will be updated after each round. Check the [www.macrec.com](http://www.macrec.com) for your score. Prizes will be awarded to top 3 winners.

**Fee: Member \$1 / Resident \$2 / Program \$3**

## CHOCOLATE DIPPING

Monday, Feb. 13

7:00 pm

Just in time for Valentine's Day! Just bring your creativity and we will bring the rest. Create one of a kind chocolate dipped gourmet treats. When the chocolate sets, you will be able to package and label your creations that you can keep for yourself or give to that special someone.

**Deadline to register is Feb. 6.**

**No drop ins. No coupons.**

**Member \$9 / Resident \$11 / Program \$13**



## KIDS GARAGE SALE

Saturday, April 21

9:00 am – 12:00 pm

Join us for our annual indoor Kids Garage Sale! Infant/children clothing, baby equipment & accessories, and toys and other kids items.

Cash only/all sales are final. Free Admission!!!

**Fee for table:**

**Member \$5 / Resident \$10 / Program \$15**

# Recreation Programs

## BOATER'S SAFETY COURSE

**Mondays, March 5-26**

**6:00 - 8:30pm**

Operating boats over 10 horsepower in the State of Ohio requires all person born after January 1, 1982 to complete a boating education course. This course will teach basics of Ohio boating laws, including equipment, regulations, trailering, launching, & rules of the water. Must attend all 4 classes.

**Deadline to register is Feb. 27.**

**No drop ins. No coupons.**

**Fee: Member \$10 / Resident \$15 / Program \$20**



## BOARD GAMES AND CARDS

**Free**

**Tuesday & Thursday**

**January - April**

**Time: 1:00 – 3:00 pm**

Anyone who wants to play board games, bridge, rummy, etc. is welcome to attend. Even if you have no experience with certain games you are welcome to come and play!

**No Registration Necessary**

## RIVERS CASINO

**Monday, Feb. 27**

**Depart: 7:30 am**

You can be a jackpot winner at the Rivers Casino in Pittsburgh, PA! Rivers Casino has nearly 3,000 exciting slot machines and over 100 table games. Spend 5 hours at the casino and enjoy many of the casino amenities. Receive \$15 in free play and \$5 in food incentive. (Subject to change)

**Deadline to register is Feb. 10.**

**No dop ins. No coupons.**

## THE DETOX STRATEGY ...

**Vibrant Health in 5 Easy Steps**

**Thursday, March 1**

**7:00 – 9:00 pm**

Regardless of where and how you live, your body is harboring dozens if not hundreds of Toxins that are sabotaging how you look, feel and age! Low in Energy? Dealing with Chronic Illness such as Arthritis, Heart Disease, Insulin Resistance, Diabetes or Cancer? Digestive problems? Dealing with Anxiety or Depression? Having trouble Losing Weight or keeping it off? Showing signs of premature aging? Toxins could very well be to blame! The Detox Strategy teaches how to determine your individual level of toxic exposure and the steps you can take to reduce it. Learn how to detoxify the body with nutrients that are an essential part of enhancing ones appearance, energy, vitality and health. With this easy-to-follow program you can 'jump-start' your body and get on a path to optimum wellness! Are you ready?

**Deadline to register is Feb. 23.**

**No coupons. No drop ins.**

**Member \$15 / Resident \$17 / Program\$20**



## SENECA ALLEGANY CASINO

**Monday, April 23**

**Depart: 7:30 am**

**Return: 8:30 pm (approx.)**

Try your luck at Seneca Allegany Casino in Salamanca, NY! Enjoy over 2,000 reel-spinning and video slot machines and 33 of your favorite table games. Receive \$25 in free play(Subject to change). Depart from and return to the Macedonia Rec. Center.

**No drop ins. No coupon.**

**Resident \$30 / Program \$35**

**Sign up before Feb. 1 and receive \$3 off**

# Recreation Programs

## SPRING BREAK CAMP

Monday-Friday

April 9 – April 13

9:00 a.m. - 3:00 p.m.

Children ages 6-12 years will enjoy games, activities, arts & crafts, and swimming. Campers need to bring a sack lunch and their bathing suit each day.

Students must be registered for the entire week.

**Deadline to register is April 2.**

**No drop ins. No coupon.**

**Fee: Member \$54 / Resident \$67 / Program \$81**

**Before care: 7:30am-9:00pm (min. 3/max. 20)**

**Weekly fee:**

**Member \$18 / Resident \$22 / Program \$27**

**After care: 3:00pm-6:00pm (min. 3/max. 20)**

**Weekly fee:**

**Member \$36 / Resident \$45 / Program \$54**



## BREAKFAST WITH THE EASTER BUNNY

Wednesday, April 4

10:00 a.m.

Come enjoy Breakfast, crafts, and Easter fun with the Easter Bunny! Cereal, doughnuts and juice will be provided.

**Deadline to register is March 28.**

**No drop ins. No coupons.**

**Fee: Member \$5 / Resident \$7 / Program \$9**

## FLASHLIGHT EASTER EGG HUNT

Thursday, April 5

8:00 p.m.

Using flashlights, teens have the opportunity to hunt & gather eggs filled with goodies, prize tickets, and cash.

Eggs will be hidden around the fields at Longwood Park. So have your basket/bag and flashlight ready so you don't miss the fun. The event starts at 8:00pm & will be held in light rain, snow, or shine.

**Deadline to register is March 29.**

**No drop ins. No coupons**

**Resident \$10 / Program \$12**

## SPRING CRAFT SHOW & EASTER FUN

Saturday, March 31

9:00 a.m. – 3:00 p.m.

Calling all crafters! Showcase your craft at our first Spring Craft Fair. Fine handmade arts and crafts welcomed. Admission is FREE to the public. There will also be lots of fun for the kids with an appearance by the Easter Bunny 10:00 am – 12:00 pm, face painting and games! Aquatic Easter Egg Hunt to follow event, beginning 1:00pm.

See event description for fees.

**Vender Prices:**

**Member \$15/ Residents \$20/ Program \$25**



# Recreation Programs

## NORDONIA HILLS COMMUNITY HEALTH FAIR

Saturday, February 4

9:00 a.m. - 1:00 p.m.

The Macedonia Family Recreation Center and Crossroads Chiropractic Center are coordinating a family-friendly community health fair. Participants for the event include the following:

Cleveland Clinic, Southpointe Hospital  
Akron Children's Hospital  
University Hospitals  
Summa Western Reserve Health System  
Cuyahoga Valley Career Center Nursing

Program

Crossroads Chiropractic Center  
Macedonia Recreation Center

And many more health related businesses from our communities

The event will take place in the Macedonia Recreation Center's rotunda area on February 4, 2012. The event will run from 9am-1pm, and will include entertainment for children that attend. The recreation center is located at 1494 East Aurora Road in Macedonia. The event will also include many FREE health screenings, including but not limited to: blood pressure, cholesterol, glucose, spinal wellness, and BMI. The recreation center will also have their trainers available to answer questions, and their licensed massage therapist will be providing chair massages. There will also be a gift basket raffle, with all proceeds to benefit the American Heart Association.



## SOCCER SKILLS DEVELOPMENT PROGRAM

Fridays, April 20 – June 8

5-8 yrs.: 5:00 – 6:30 pm

9-12 yrs.: 6:30 – 7:00 pm

Eight sessions of soccer development training that will help increase speed and fitness, sharpen skills, and improve decision making. Feints & moves, individual skills, and individual and group defending & attacking will be taught. Coaches are trained through Challenger Sports.

\$85 per player

Register online at:

<https://registration.challengersports.com>



## SPRING SOCCER

Registration Dates:

Thursday: January 19, 4:00 – 8:00 pm

Saturday: January 21, 10:00 am – 2:00 pm

Wednesday: February 1, 4:00 – 8:00 pm

Saturday: February 4, 10:00 am – 2:00 pm

League play for boys and girls ages 4-14 years starts in late August and ends late October. Children must be born on/after March 1, 2008 to play. All boys' league and all girls league U10 to U14 will travel to area communities. The U6 and U8 leagues will play in house. Most games will be played on Saturdays with practices on the weekdays. Shin guards and socks covering them are required, soccer cleats recommended.

**Volunteer coaches needed.**

**Registration Deadline is February 4.**

**Non Resident \$60 Resident \$50**

**Additional child: Non Resident \$45 Resident \$35**